

Melissa Howard Clark began her human services career as an intern with an associate's degree at UCS in January of 2006, working towards a certificate in alcohol and drug counseling. Following completion of 1000 hours of supervision and hands-on training she was hired as a counselor to work in the post-jail program at UCS where she worked for 2 ½ years using Cognitive Behavioral Therapy in conjunction with the jail based curriculum serving approximately 200 clients.

Melissa completed her bachelor degree in December of 2008 and moved from the post-jail program to methadone program supervisor in September 2009. She is currently studying for the International Alcohol and Drug Counseling certificate.

Melissa is recently married and lives in the Des Moines area with her husband and extended family. She has been enjoying recovery for the last decade.